



TERM 2, 2026



From Your Centre Director, Hannah

WUNYA AND WELCOME TO OUR TERM 2 NEWSLETTER!

Please write your update here



As we begin Term 2, we are excited to continue strengthening the sense of community that makes our service such a supportive and connected place for children and families. A key focus this term is school readiness, and our strong partnership with Holy Spirit School plays an important role in this journey. Through ongoing collaboration and shared experiences, we are able to provide children with meaningful opportunities to build confidence, independence, and familiarity with the school environment. This connection supports a smooth and positive transition, helping each child feel capable and ready for the next stage of their learning.

We are looking forward to strengthening our connection with community and seeing what learning we do in term 2!

CHILD SAFETY AS EVERYDAY PRACTICE

At Little Ducks, child safety is part of everything we do. It's not just policies, it's the everyday moments where children feel safe, respected, and listened to. Strong, trusting relationships help children feel confident to use their voices, make choices, and seek help when they need it.

Educators support safety through thoughtful supervision, predictable routines, and environments designed for children to explore confidently. We also encourage children's agency by involving them in simple decisions, helping them understand their rights in age-appropriate ways.

Our team reflects together, engages in ongoing professional learning, and works closely with families to ensure a consistent, child-safe culture. By weaving safety into relationships, routines, and curriculum, we create a community where every child feels protected, valued, and empowered.



UPCOMING EVENTS

25 April ANZAC Day

10 May Mother's Day

27 May National Simultaneous Storytime

27 May - 3 June National Reconciliation Week

05 June World Environment Day

Parenting Information

Staying Healthy in Childcare

At Little Ducks, we follow the Staying Healthy in Child Care guidelines from the National Health and Medical Research Council to reduce illness and keep everyone safe. These evidence-based practices guide our hygiene, cleaning, and illness-exclusion procedures.

You can read the full document by scanning the QR code below. Working together helps protect all children, families, and staff.



Family and Child Connect

Family and Child Connect can help with a range of family and parenting challenges. If your family is going through tough times, contact Family and Child Connect for free, unlimited and confidential advice.

You can call on **13 FAMILY (13 32 64)** or fill out an online referral form

<https://familysupportreferral.org.au/>

Supporting Emotional Resilience at Home

Emotional resilience grows through everyday moments of connection. When children feel safe, understood, and supported, they learn to manage big feelings with confidence. Families can nurture resilience by naming emotions with children, offering comfort when they feel overwhelmed, and modelling calm responses. Simple strategies like predictable routines, unhurried time together, and acknowledging children's efforts ("You kept trying even when it was hard") help build a strong sense of capability. Encouraging children to express their feelings, make choices, and solve small problems also supports independence and self-regulation. When home and centre work together in these ways, children develop the emotional tools they need to navigate challenges and thrive.

Toileting Readiness

Toileting is an important developmental milestone, and every child reaches it in their own time. At Little Ducks, we follow a gentle, child-led approach that focuses on readiness rather than age. Signs of readiness may include showing interest in the toilet, staying dry for longer periods, communicating needs, or wanting more independence. Educators work closely with families to create consistent routines, offer encouragement, and support children with patience and respect. When children feel safe, confident, and understood, they are more likely to experience success. If you're thinking about starting toileting at home or would like guidance, please chat with your child's educators – we're here to support you and your child through this stage.



A Message from your Educational Leader, Suchi

This term, our pedagogical focus has been on strengthening the learning environment to support calm and positive transitions, while intentionally responding to individual learning priorities and promoting children's overall physical wellbeing. We recognise that transitions are significant moments in a child's day that can influence their sense of security and belonging. Educators have designed calm, inviting spaces that allow children to settle at their own pace. These environments, alongside consistent routines and responsive, respectful interactions, support emotional regulation and foster positive dispositions for learning. Our program is guided by ongoing observation and reflection, ensuring each child's individual learning priorities are meaningfully supported. Educators implement intentional teaching strategies to extend children's interests, scaffold development, and promote agency, independence, and confidence. Physical wellbeing remains a key focus, with daily opportunities for active play, movement, and the development of fundamental skills that support healthy growth.

Afternoon transitions are approached with the same intentionality, providing calm, unhurried experiences that support a positive transition home. We continue to observe increased confidence, engagement, and a strong sense of belonging across the learning environment.



Supporting Young Children to Be Sustainable

Sustainability is woven into our everyday practice at Little Ducks, helping children learn to care for their world through simple, meaningful actions. We draw on Aboriginal perspectives that remind us that caring for Country is about connection, respect, and responsibility. Educators model gentle habits such as reducing waste, reusing materials, conserving water, and tending to our gardens, while also sharing age-appropriate understandings of how First Nations peoples have cared for this land for tens of thousands of years. Children are encouraged to take part in routines such as sorting recycling, caring for plants, noticing changes in weather and seasons, and using natural materials in their play, building a sense of belonging and stewardship. Families can support this learning at home by involving children in small, sustainable actions and talking about our shared responsibility to look after Country. Together, we nurture thoughtful, environmentally aware learners who understand that their actions make a difference.

Veggie Fritters

A fun, healthy, and easy recipe children can help make!

You will need:

- 1 cup grated zucchini (squeezed to remove excess water)
- 1 cup grated carrot
- 1/2 cup corn kernels
- 2 eggs
- 1/2 cup self-raising flour
- 1/4 cup grated cheese (optional)
- 1 pinch salt and pepper
- oil for cooking

What to do:

Combine grated zucchini, carrot, and corn in a bowl.

Add eggs, flour, cheese (if using), and seasoning. Mix until just combined.

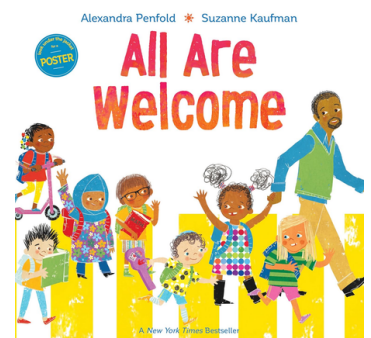
Heat a little oil in a pan over medium heat.

Spoon small amounts of mixture into the pan and flatten gently.

Cook for 2-3 minutes each side until golden and cooked through.



Book of the Month



All Are Welcome, by Alexandra Penfold & Suzanne Kaufman

All Are Welcome is a joyful celebration of diversity, belonging, and community. Through bright illustrations and rhythmic language, the story follows children from many backgrounds as they learn and play together. It reinforces that every child, no matter their culture, family, or identity, has a place where they are valued and included. This message beautifully reflects the environment we strive to create at Little Ducks: one where differences are celebrated and every child feels they belong.