



TERM 2, 2026



From Your Centre Director, Jeandra

WUNYA AND WELCOME TO OUR TERM 2 NEWSLETTER!

Welcome to Term 2 - Little Ducks Community

A warm welcome to all our new families who have recently joined the Little Ducks community.

As always, our team remains committed to ongoing reflection and collaboration with families, ensuring a consistent and supportive approach to child safety. By working together, we continue to nurture an environment where every child feels heard, respected, and empowered.

We are excited to begin Term 2 with you and look forward to celebrating the many wonderful events planned within our Centre community. Your involvement plays an important role in fostering a strong sense of belonging for our children, and we warmly invite you to participate whenever you can.

We have many exciting events coming up this term and would love to see you there.

Wishing you all a wonderful Term 2 ahead!



CHILD SAFETY AS EVERYDAY PRACTICE

At Little Ducks, our commitment to child safety continues to grow through listening closely to children's voices and strengthening the relationships that support their wellbeing. Following on from our Children's Council discussions last term, we have been focusing on how children can actively participate in creating safe environments for themselves and others. We had Ditto coming to visit!

During term 1, educators encouraged children to express their ideas, set boundaries, and take part in group decision-making in meaningful ways. Through everyday interactions, play experiences, and group discussions, children are developing confidence to speak up, problem-solve, and support one another.

We have also been embedding these ideas into our curriculum, creating opportunities for children to explore respect, inclusion, and fairness in age-appropriate ways. Our environments and routines continue to provide a strong sense of security, while allowing children the freedom to explore, take appropriate risks, and build independence.



UPCOMING EVENTS

21st April Little Ducks Bardon's 11th Birthday

25 April ANZAC Day

01 Wild Rangers incursion

07 May Mother's Day

14 Pasta making with Julia

21st Australian biggest morning tea

27 May National Simultaneous Storytime

27 May - 3 June National Reconciliation Week

05 June World Environment Day

Parenting Information

Staying Healthy in Childcare

At Little Ducks, we follow the Staying Healthy in Child Care guidelines from the National Health and Medical Research Council to reduce illness and keep everyone safe. These evidence-based practices guide our hygiene, cleaning, and illness-exclusion procedures.

You can read the full document by scanning the QR code below. Working together helps protect all children, families, and staff.



Family and Child Connect

Family and Child Connect can help with a range of family and parenting challenges. If your family is going through tough times, contact Family and Child Connect for free, unlimited and confidential advice.

You can call on **13 FAMILY (13 32 64)** or fill out an online referral form <https://familysupportreferral.org.au/>

Supporting Emotional Resilience at Home

Emotional resilience grows through everyday moments of connection. When children feel safe, understood, and supported, they learn to manage big feelings with confidence. Families can nurture resilience by naming emotions with children, offering comfort when they feel overwhelmed, and modelling calm responses. Simple strategies like predictable routines, unhurried time together, and acknowledging children's efforts ("You kept trying even when it was hard") help build a strong sense of capability. Encouraging children to express their feelings, make choices, and solve small problems also supports independence and self-regulation. When home and centre work together in these ways, children develop the emotional tools they need to navigate challenges and thrive.

Toileting Readiness

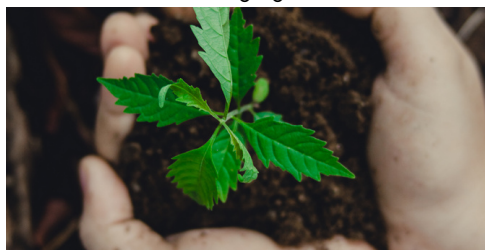
Toileting is an important developmental milestone, and every child reaches it in their own time. At Little Ducks, we follow a gentle, child-led approach that focuses on readiness rather than age. Signs of readiness may include showing interest in the toilet, staying dry for longer periods, communicating needs, or wanting more independence. Educators work closely with families to create consistent routines, offer encouragement, and support children with patience and respect. When children feel safe, confident, and understood, they are more likely to experience success. If you're thinking about starting toileting at home or would like guidance, please chat with your child's educators – we're here to support you and your child through this stage.



A Message from your Educational Leader, Fiona



Our Children's Council recently gathered for a relaxed tea meeting, where we explored the question, "What makes you feel safe?" The children shared thoughtful ideas, highlighting the importance of their families, educators, friendships, and familiar spaces within our centre. It was a lovely opportunity to listen to their voices and strengthen our shared understanding of safety and belonging. This meaningful conversation supports our ongoing focus on building strong, trusting relationships and creating a safe, secure environment where every child feels a sense of belonging.



Supporting Young Children to Be Sustainable

Sustainability is woven into our everyday practice at Little Ducks, helping children learn to care for their world through simple, meaningful actions. We draw on Aboriginal perspectives that remind us that caring for Country is about connection, respect, and responsibility. Educators model gentle habits such as reducing waste, reusing materials, conserving water, and tending to our gardens, while also sharing age-appropriate understandings of how First Nations peoples have cared for this land for tens of thousands of years. Children are encouraged to take part in routines such as sorting recycling, caring for plants, noticing changes in weather and seasons, and using natural materials in their play, building a sense of belonging and stewardship. Families can support this learning at home by involving children in small, sustainable actions and talking about our shared responsibility to look after Country. Together, we nurture thoughtful, environmentally aware learners who understand that their actions make a difference.

Veggie Fritters

A fun, healthy, and easy recipe children can help make!

You will need:

- 1 cup grated zucchini (squeezed to remove excess water)
- 1 cup grated carrot
- 1/2 cup corn kernels
- 2 eggs
- 1/2 cup self-raising flour
- 1/4 cup grated cheese (optional)
- 1 pinch salt and pepper
- oil for cooking

What to do:

Combine grated zucchini, carrot, and corn in a bowl.

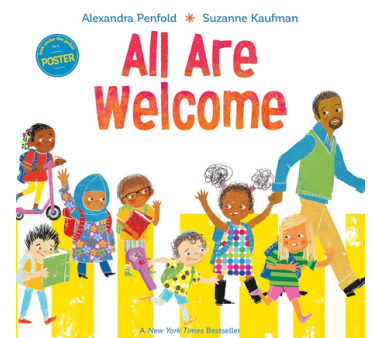
Add eggs, flour, cheese (if using), and seasoning. Mix until just combined.

Heat a little oil in a pan over medium heat. Spoon small amounts of mixture into the pan and flatten gently.

Cook for 2-3 minutes each side until golden and cooked through.



Book of the Month



All Are Welcome, by Alexandra Penfold & Suzanne Kaufman

All Are Welcome is a joyful celebration of diversity, belonging, and community. Through bright illustrations and rhythmic language, the story follows children from many backgrounds as they learn and play together. It reinforces that every child, no matter their culture, family, or identity, has a place where they are valued and included. This message beautifully reflects the environment we strive to create at Little Ducks: one where differences are celebrated and every child feels they belong.