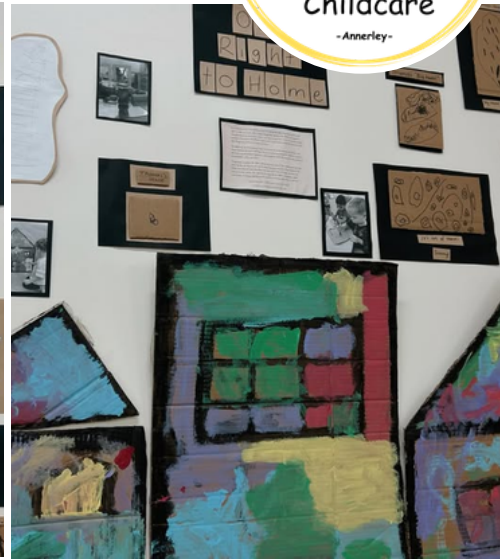


TERM 2, 2026



From Your Centre Director, Jordan

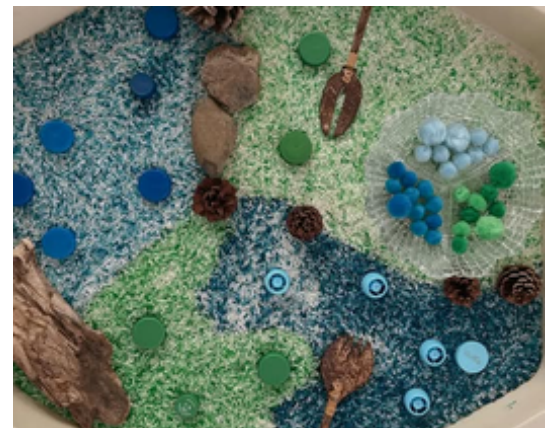
WUNYA AND WELCOME TO OUR TERM 2 NEWSLETTER!

Welcome to Term 2! It's hard to believe how quickly the year is moving along. Now that we are settled into our routines, rituals and have established strong, supportive relationships, we are well positioned for a productive and successful term ahead. As a centre, we are placing a strong focus on revisiting and strengthening our Reconciliation Action Plan (RAP) and our sustainability practices. Our sustainability station continues to develop well and our RAP journey is progressing steadily through initiatives such as Truth Telling Tuesday, RAP meetings and ongoing professional development. Molly and I have also been actively participating in a nine-month Leadership and Management course through ACECQA, which we were fortunate to be accepted into late last year. This program is providing valuable insights into leading a positive, high-performing team while effectively managing the centre. It has also given us the opportunity to connect and network with other like-minded centres over QLD, allowing us to bring back fresh ideas, skills, and strategies to support our team, families, and children.



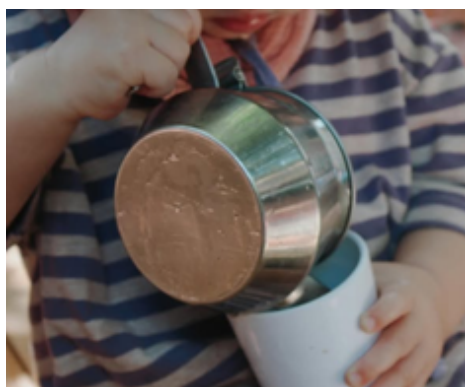
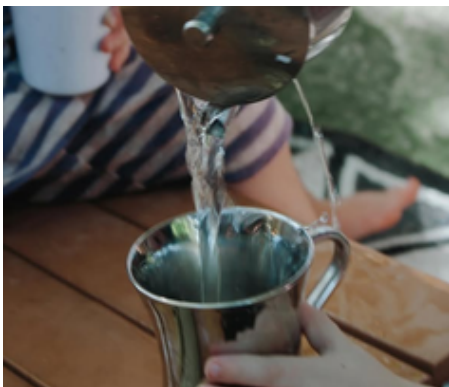
CHILD SAFETY AS EVERYDAY PRACTICE

At Little Ducks, child safety is part of everything we do. It's not just policies, it's the everyday moments where children feel safe, respected, and listened to. Strong, trusting relationships help children feel confident to use their voices, make choices, and seek help when they need it. Educators support safety through thoughtful supervision, predictable routines, and environments designed for children to explore confidently. We also encourage children's agency by involving them in simple decisions, helping them understand their rights in age-appropriate ways. Our team reflects together, engages in ongoing professional learning, and works closely with families to ensure a consistent, child-safe culture. By weaving safety into relationships, routines, and curriculum, we create a community where every child feels protected, valued, and empowered.



UPCOMING EVENTS

- 25 April** ANZAC Day
- 10 May** Mother's Day
- 27 May** National Simultaneous Storytime
- 27 May - 3 June** National Reconciliation Week
- 05 June** World Environment Day



Parenting Information

Staying Healthy in Childcare

At Little Ducks, we follow the Staying Healthy in Child Care guidelines from the National Health and Medical Research Council to reduce illness and keep everyone safe. These evidence-based practices guide our hygiene, cleaning, and illness-exclusion procedures.

You can read the full document by scanning the QR code below. Working together helps protect all children, families, and staff.



Family and Child Connect

Family and Child Connect can help with a range of family and parenting challenges. If your family is going through tough times, contact Family and Child Connect for free, unlimited and confidential advice.

You can call on **13 FAMILY (13 32 64)** or fill out an online referral form <https://familysupportreferral.org.au/>

Supporting Emotional Resilience at Home

Emotional resilience grows through everyday moments of connection. When children feel safe, understood, and supported, they learn to manage big feelings with confidence. Families can nurture resilience by naming emotions with children, offering comfort when they feel overwhelmed, and modelling calm responses. Simple strategies like predictable routines, unhurried time together, and acknowledging children's efforts ("You kept trying even when it was hard") help build a strong sense of capability. Encouraging children to express their feelings, make choices, and solve small problems also supports independence and self-regulation. When home and centre work together in these ways, children develop the emotional tools they need to navigate challenges and thrive.

Toileting Readiness

Toileting is an important developmental milestone, and every child reaches it in their own time. At Little Ducks, we follow a gentle, child-led approach that focuses on readiness rather than age. Signs of readiness may include showing interest in the toilet, staying dry for longer periods, communicating needs, or wanting more independence. Educators work closely with families to create consistent routines, offer encouragement, and support children with patience and respect. When children feel safe, confident, and understood, they are more likely to experience success. If you're thinking about starting toileting at home or would like guidance, please chat with your child's educators – we're here to support you and your child through this stage.



A Message from your Educational Leader, Molly

We're already into Term 2 and our rooms have been busy over this learning period! Educators have been reviewing and trialing progressive mealtimes to support children's independence, self-help skills and overall wellbeing. We have been exploring different ways to offer this ritual. You can see our documentation of this process on the display outside the kitchen with our team reflections and the different ways this looks in the spaces.

Across the service, our planning has focused on children's interests and real-life learning, with an emphasis on social and emotional development. Families may have noticed a shift away from product-based art and templates. This change encourages educators to think about how children learn, not just the final outcome, drawing inspiration from the Reggio Emilia approach. We will continue building on this work throughout our programs and environments. As always, we welcome your feedback on Storypark posts, this allows our team to know what you and your children are enjoying.



Supporting Young Children to Be Sustainable

Sustainability is woven into our everyday practice at Little Ducks, helping children learn to care for their world through simple, meaningful actions. We draw on Aboriginal perspectives that remind us that caring for Country is about connection, respect, and responsibility. Educators model gentle habits such as reducing waste, reusing materials, conserving water, and tending to our gardens, while also sharing age-appropriate understandings of how First Nations peoples have cared for this land for tens of thousands of years. Children are encouraged to take part in routines such as sorting recycling, caring for plants, noticing changes in weather and seasons, and using natural materials in their play, building a sense of belonging and stewardship. Families can support this learning at home by involving children in small, sustainable actions and talking about our shared responsibility to look after Country. Together, we nurture thoughtful, environmentally aware learners who understand that their actions make a difference.

Veggie Fritters

A fun, healthy, and easy recipe children can help make!

You will need:

- 1 cup grated zucchini (squeezed to remove excess water)
- 1 cup grated carrot
- 1/2 cup corn kernels
- 2 eggs
- 1/2 cup self-raising flour
- 1/4 cup grated cheese (optional)
- 1 pinch salt and pepper
- oil for cooking

What to do:

Combine grated zucchini, carrot, and corn in a bowl.

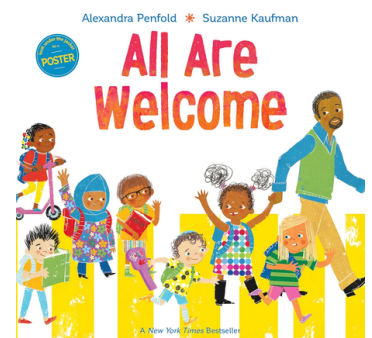
Add eggs, flour, cheese (if using), and seasoning. Mix until just combined.

Heat a little oil in a pan over medium heat. Spoon small amounts of mixture into the pan and flatten gently.

Cook for 2-3 minutes each side until golden and cooked through.



Book of the Month



All Are Welcome, by Alexandra Penfold & Suzanne Kaufman

All Are Welcome is a joyful celebration of diversity, belonging, and community. Through bright illustrations and rhythmic language, the story follows children from many backgrounds as they learn and play together. It reinforces that every child, no matter their culture, family, or identity, has a place where they are valued and included. This message beautifully reflects the environment we strive to create at Little Ducks: one where differences are celebrated and every child feels they belong.