



## Little Ducks Childcare Birkdale

November/December 2018

### A note from your Centre Manager

It seems so cliché, but can you believe that this is the last newsletter for 2018!? It honestly feels like a few short months ago I was welcoming our new families to the centre and now we are preparing to farewell our Kindergarten children and wish them well as they make the transition to school. Our Kindergarten graduation ceremony will be held on Monday 3rd December and all Kindergarten friends and families are welcome to come along. More details about the event will be available closer to the time.

Since our last newsletter, we have been working on something pretty spectacular, and were so honoured to become the first centre in the Redlands to have an approved Reconciliation Action Plan (RAP). A Reconciliation Action Plan (RAP) program provides a framework for organisations to support the national reconciliation movement.

Schools and early learning services can develop a RAP through Narragunnawali: Reconciliation in Schools and Early Learning. Narragunnawali supports all schools and early learning services in Australia to foster a higher level of knowledge and pride in Aboriginal and Torres Strait Islander histories, cultures and contributions. You can view our RAP online here

—> <https://www.narragunnawali.org.au/.../little-ducks-childcare-...> or in reception of our service. We are so proud of this achievement and look forward to sharing our journey with you all.

As we finalise and close off our focused assessment of Quality Area 4: Staffing arrangements, and Quality Area 6: Relationships with families and communities, we celebrate the achievements we have made along our journey towards exceeding the standards. We have been able to identify and celebrate some of the things that we know (from educator and family feedback) we do really well, and we continue to strive to surpass the standards on the areas we identified for improvement.

We now embark on our journey through Quality Area 2: Health and safety, and Quality Area 7: Governance and Leadership and we begin to break down these areas and identify our strengths and weaknesses. Keep an eye out on Storypark and in the foyer for your chance to provide us with feedback.

A notice to families that the centre will be closed from Monday 24th—Friday 28th December, reopening for business as usual. From Monday 31st December. If you are planning on taking holidays over the Christmas period please remember that you are entitled to two weeks fees at a reduced rate, per financial year, with at least two weeks notice. Please let me know ASAP to book this in.



Cassie Maher

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# Upcoming Events!

November	December
<p><b>Wednesday 7<sup>th</sup>- <u>Diwali- festival of lights</u></b>            Diwali or Deepavali is the Hindu festival of lights celebrated every year</p>	<p><b>Monday 3<sup>rd</sup> – <u>Kindergarten Graduation</u></b>            Have your Kindergarten Graduates here at 5.45pm</p>
<p><b>Tuesday 6<sup>th</sup> - <u>Melbourne Cup Day</u></b> The day that stops the nation!</p>	<p><b>Friday 14<sup>th</sup> - <u>Children's Christmas Party</u></b>            Come and celebrate an amazing 2018 together at our Christmas party from 3.30pm-5.30pm. There will be a special visit from 4pm.</p>
<p><b>Sunday 13<sup>th</sup> - Sunday 19<sup>th</sup> – <u>National Recycling Week</u></b>            We will focus on the environmental benefits of recycling</p>	<p><b>Friday 21<sup>st</sup> – <u>Last day at Little Ducks before a holiday break!</u></b>            The centre will re-open on Monday 31<sup>st</sup> December.</p>
<p><b>Sunday 11th- <u>Remembrance Day</u></b>            We will be making poppy's in remembrance of the diggers that gave their lives for our country and paying our respects on this day.</p>	<p><b>Monday 24th—Centre Closes for Christmas</b></p> <p><b>Tuesday 25<sup>th</sup> - <u>Christmas Day PUBLIC HOLIDAY</u></b></p> <p><b>Wednesday 26<sup>th</sup> - <u>Boxing Day PUBLIC HOLIDAY</u></b></p> <p><b>Monday 31st—Centre re-opens</b></p>



1st November—Babies day out—Capalaba Library  
 10th November—Redlands Ethical Markets—Ormiston  
 17th November—McHappy Day—All Macdonalds stores  
 14th November—Moosical Moo—Victoria Point Library  
 30th November—Lighting of the Christmas Tree—Cleveland Library  
 15th December—Christmas by Starlight—Redlands show grounds  
 17th December—Flipside circus, circus play—Redlands Performing Arts centre

# Policy Reviews

We value your input and feedback ..... The policies/procedures in review during September and October are:

- ◊ Additional needs policy
- ◊ Allergy policy
- ◊ Code of ethics
- ◊ First aid policy
- ◊ Inclusion policy
- ◊ Medication policy
- ◊ Medication administration—short and long term
- ◊ Nutrition policy
- ◊ Rest time policy

Ways that you can provide feedback are:

- ◊ In the feedback folder, near the sign in and out books
- ◊ In person, or over the phone
- ◊ As a reply to a Friday email
- ◊ On Storypark

## Educator Spotlight ...



Miss Kayla!

Kayla is our Nursery educator!

Kayla is an infinite energy source, always on the go affecting the centre with her smile. One of Kayla's biggest strengths is how responsive and loving she is when interacting with her babies in the nursery, choosing to spend her lunch breaks with them as well!

Come down and say g'day to Kayla!

## Child Protection Corner

Following our recent participation in the Day for Daniel, we wanted to share a helpful fact sheet that we used to help educate the children about child safety and stranger danger. If you would like more information or are interested in further resources, please see Cassie in the office or visit <https://www.danielmorcombe.com.au/>

# KEEPING SAFE

Do you know the 3 R's?

**Recognise** Are you safe?

**React** What can you do?

**Report** Who can you tell?

You have  
the right to  
be safe and  
you can  
get help.



Talk to the 5  
adults on your  
safety network  
until you get  
the help you  
need.



Kids Helpline 1800 55 1800  
Emergency 000

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## Healthy Habits

### Chocolate and goji berry crackles

#### INGREDIENTS

2/3 cup coconut oil, melted

1/3 cup Dutch processed cocoa powder

1/3 cup rice malt syrup

1/2 cup desiccated coconut 4 cups whole grain puffed rice

1/4 cup dried goji berries, plus extra for garnish

#### METHOD

Step 1 Place melted coconut oil in a large mixing bowl, sift over cocoa powder into the oil and whisk well to combine.

Step 2 Add rice malt syrup to the oil and cocoa mixture and whisk well to combine.

Step 3 Stir in coconut to combine. Stir in puffed rice and goji berries and mix well to coat the rice well.

Step 4 Spoon mixture into individual cupcake patties, garnish with extra goji berries. Chill in the fridge for one hour before serving.



# Junior Nursery Achievements!

As this is the last newsletter of the year, I would like to take this opportunity to thank you deeply for allowing me to have had the incredibly rewarding experience of laughing, living and learning with your children in this stage of their lives.

Sophia is advancing along the floor, and pulling herself up on the low table. Kade has amused us all with his "Baby Shark" dance. Mason has continued to excel in his physical skills in both climbing and balancing on ride-ons. Jasmine continues to show great interest in dolls and kitchen play, and is full of adventurous fun, especially loving peek-a-boo in the tent. Naythan is walking around the furniture, looking like he is just about ready to walk, having already stood by himself. Xavier is walking everywhere, and is continually showing his great sense of humour. Scarlett is walking everywhere, her balance is improving on ride-ons and seesaws, and she is very affectionate (especially towards Sophia). Tobias is our new friend, and he is beginning to settle in to Junior Nursery as he becomes acquainted with Miss Kayla and I, and all his new Junior Nursery friends.

Our focus on sustainability has highlighted composting, and the planting and growing of plants. The children have been encouraged to take ownership of the plants, as they water them and watch them grow. Miss Kayla and I will continue with our encouragement to the children to water and grow the plants.



Our "Move and Groove" focus has been bouncing of a stationary ball. The children appear to enjoy attempting to bounce the ball after I bounce it to them. An immense amount of fun is had as we play ball with the children, and it is also a great way to develop their gross motor skills.



We have celebrated many wonderful occasions in the last two months. In September, a lovely afternoon tea was enjoyed by the dads, as they played with their children, and gained an insight into the activities we enjoy in Junior Nursery. To celebrate the Redlands Strawberry Festival, the children painted cardboard strawberries, as we talked about the name of the fruit and how good it is for you.

In October, the children, Miss Kayla and I enjoyed "Loud Shirt" day, where we dressed up in loudly coloured shirts, and donated to the "Loud Shirt Appeal" for deaf children.



Within our daily routine the Junior Nursery children have had the opportunity to learn "Taba, Naba" which is a Torres Strait Island cultural song. The song is performed while sitting in a crossed-legged position. The children have been very amused with Miss Kayla and Miss Kristy, as they sat in a circle, copying the hand movements in the song.



In daily conversation with the children, we have incorporated indigenous words to widen their cultural enjoyment, such as "bunji" which means friend or mate, "mob" which means my family or your community (Little Ducks Community).



Junior Nursery enjoyed learning and developing our knowledge of all the cultures from the indigenous to the Torres Strait Islander and also cultures that are valued and important to our families at Little Duck, Birkdale.



We will continue to sit in our yarning circle, saying our Land Acknowledgement, singing Nursery Rhymes, and songs, and reading to the children as part of our everyday life in Junior Nursery. If at any time there is anything you wish to talk about with Miss Kayla and I, please feel free, as we are always available to discuss and celebrate your great kids.

I hope this newsletter finds you and yours well and happy, and that you embrace the time as we come up to the most wonderful time of the year (Christmas). As your busy lives go on, and we all become so busy at Christmas, and leading up to it, take a moment, look around, see what you have in your life, and think how lucky you are.

Miss Debbie and Miss Kayla



# Senior Nursery Success!

Hello Families and welcome to the last edition of the newsletter for the year. What a great year it has been in the Senior Nursery! Tahlia and I are so fortunate to have been a part of the children's lives and had the opportunity to watch them grow and develop into the little people they are today.

These past few months we have been focusing on the children's interests and extending their learning where possible as well as scaffolding their play in the moment. We have used the sandpit to create a volcano and talked about the hot red lava that comes out. The children loved watching the bubbles foam up and come over the top and quickly caught onto the process and were able to scoop the sand back up into a pile ready to start again. They have also been extending their cultural diversity knowledge and respect as we learnt about the different cultures and customs in our room. These included Australia, New Zealand, Maori, America and South Africa. We listened to some music from the various countries and painted the flags as well as creating an area on our wall with the world map and photos of where we all come from. As always dancing has been a big part of our program and we have added various elements like bubbles, streamers, instruments and made our own instruments from recycled materials. The children have been involved in our sustainability projects and looking after the plants outside. We have used recycled water bottles to create watering cans that the children can use themselves to self care for our garden and grass. We grew some sprouts from seeds and then planted them into our composted soil in the yard for the children to continue to care for. We also used our newly planted



herbs in cooking and our daily routines. We made some freshly squeezed orange juice and added mint leaves and added the coriander to our hot lunches to try. We also added the mint leaves into our water offering the children a different taste in their palette. Art activities are always enjoyed in the senior nursery with the children testing out their creativity and imaginations. We experimented with cling wrap around poles and printing with different shapes to see what would happen on our paper. So many of the children have come such a long way with achieving moments towards their goals. Friendships have blossomed and vocabulary has increased so much. The children now tell Tahlia and myself what needs to be done and can communicate their wants so much better. Of course they come up with some pearly lines that we laugh at. Their caring natures have also grown as they take on leadership roles and responsibilities as they care for the babies in the nursery room, helping them with their bottles and rubbing their backs when they are upset. They also love to entertain the babies making silly faces to get them to laugh. Within our room they have been taking turns at handing out the bowls and water bottles to their friends as they get to know their names and develop those all important turn taking skills. We are so excited to move into the Christmas months and winding up the year with some fun arts and crafts. Don't forget we are holding some playgroup afternoons in Senior Nursery. Jump onto storypark to see the dates and let us know if you can attend. Thank you for a great year and we are so thankful we got to be apart of your child's journey.



Love Tara and Tahlia.



to see the dates and let us know if you can attend. Thank you for a great year and we are so thankful we got to be apart of your child's journey.



# Toddler Triumphs!

Welcome to this edition of our newsletter. Over the past couple of months, we have been having a lot of fun and going on many adventures. Within our move and groove experiences we have been looking at side sliding which we were able to use throughout our days when moving between experiences and even classrooms. We also looked at bouncing, with our bouncing experiences being so broad we were able to look at bouncing different sized balls, bouncing when we moved between spaces, on our balance beams and we even looked at different objects that bounced and those that didn't. It is great to see how confident we became with these different experiences and allowing themselves to go through the challenges of learning a new skill. It is great to watch as they develop their gross motor skills through bending and jumping. This is also helping strengthen the joints and muscles in the legs and surrounding the knees.

We have continued working on our sustainability through planting new plants in our room and starting a herb garden from seeds. Our first sprouts of Lavender have come through our home garden and it has been great to watch as they get excited about watering all the plants within our centre. This will help as they go into the older rooms with learning about the water cycle and plant life cycle as well.



We have looked at many different craft and painting experiences as it has been a big interest with all the children. Our painting experiences have included bubble wrap painting, rubber band painting, fruit painting, water painting, pendulum painting, car track painting, stencil painting, ice painting, sponge painting, feather painting, leaf painting and many more. All paintings can be seen on our wall next to the door. Throughout all the experiences it is allowing the children to develop their fine motor skills. They are also learning different types of grips that will help them when learning to write with pencils.

Recently we have looked at different sea creatures and created some of our own for our Velcro wall. The boys became interested in the sharks in some of the videos which led us to watching many different videos about their environments, what they like to eat and how they survive in the ocean. The children have also loved singing along to baby shark which has also led into singing many more ocean songs within the room.

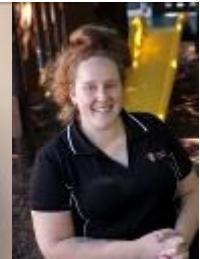


The children have continued their learning within the Hush music program and have showed great excitement on Fridays when our music teacher comes to visit and sing songs with us. Our favourite songs now have been "Let it go" from frozen "Baby Car" and "Baby Shark" by Pink fong. The children can be heard singing and dancing to these songs all around the centre and request to hear it many times throughout the day. By listening to the music, it allows the children to develop their memory skills and extend upon their vocabulary as they listen and learn the words.

We will continue our craft adventure through looking at the different festivals that are coming up in our calendar and display the children's pieces of artwork based around those festivities. We will also investigate some cooking experiences for the children to be involved in that link to the different festivals that are being celebrated throughout this time of year. We will continue working on the children's goals as well as anything else you may have specified through the question on our rooms white board.



Also, as it is coming into summer please remember to pack a bag for your child with a couple pairs of spare sun safe clothes that are clearly named as we are becoming more involved in outside water play activities throughout the weeks. Could you also please make sure your child has a named water bottle and broad brimmed hat as well.



# Junior Kindy Victories!

Hello Junior Kindy Families!

We have had an adventurous couple of months and we are so happy to have everyone here to join and support us in the journey! So, what's been going on? Here is a couple of the many things we've been doing ...

The main focus that has been occurring in the room has been the learning of the different cultures!! Thank you to the parents that gave us input and feedback on your family's different cultures, this has allowed us to teach the Junior Kindy children about a different culture each week over the last two months which has been a great experience for the children. So far the children have learnt about Scotland, Ireland, Russia, Hawaii, Germany and Canada!!! So many countries to learn about!! One thing the children have really enjoyed learning about from each country, is the country's national dance. YouTube videos have been watched to gain an insight into these beautiful dances and then the children have tried their hardest to re-enact these dances. The Irish and Russian dances were so tricky and fast but everyone gave it their best shot!! When it came to Germany's dance, Layla and her mum, Tahlia dressed up in their special costume called a Dirndl and did a special dance for everyone, it was so great to see what the German people traditionally wear. The children have been learning where all of these countries are on the huge world map in the room and you can also check out the flags the children have made as well as some pictures of landscapes from these countries. England, New Zealand and Iran are next on the list of 'where in the world are we?"

While the children have been learning about countries another focus has been "Out of the box" painting or art. The children are always interested in doing art but Miss Emma thought she would change it up and try some interesting and different ways of painting and creating artwork!! Some of the ways we have painted so far include; gladwrap painting on an upside down table, foil painting, easel painting, water painting on the fence, spray painting, finger painting which lead onto shave cream painting and string painting. Wow the children have been so busy creating!! Not only have the children been using their creative minds to experiment, investigate and imagine, they have been developing those fine motor muscles ready for writing and also using the art mediums to develop pre-writing skills such as writing or drawing letters with their fingers in the messy experiences we have been doing. Please have a look around the room for some of the great artworks displayed!!

The children have still been focusing on the sustainability topic of a greener earth. Miss Kerri planted flower seeds with the children and they have finally sprouted, which all the children were very excited to see.



All the children were asked what colour they thought the flowers will be when they grow, this has been recorded and we can't wait to see what colours the flowers will be!!! Miss Kerri also taught the children about water conservation, where she added a water tank to the mud kitchen. She taught the children the importance of saving water and only trying to use water when the children really needed it in their mud kitchen creations. The children grasped the idea well and as the water ran out they knew they couldn't keep getting more and more. This was also extended with all the rain we have had lately, with buckets being placed out on the grass to catch the rain and then the children used this water to feed the plants and flowers!! We can't wait to learn about more sustainability in the future!!

As always, the Junior Kindy educators are always here to have a chat to, receive and share feedback or

discuss anything! We hope to hear back from our lovely families and we are excited to continue working with you all on the journey and development of the children in Junior Kindy!

Thanks!

Miss Emma, Miss Kerri and Miss Rylee!



# Kindergarten Creation!

Wow I can't believe it is October! What a busy time we have been having in the Kindy room. We have seen some families take off on overseas adventures and return, sharing their holiday fun with us all, we have sadly farewelled Miss Csilla but welcomed Miss Kerri with open arms, continued to enjoy our weekly school visits, where we are continuing to grow in excitement as the start of school soon approaches and celebrated lots of children's 5<sup>th</sup> birthdays. Now it is time to refine our skills, knowledge and interests and most importantly have lots of fun together as the year draws to close.

Our weekly school visits have been such a highlight of the week here at Little Ducks. The children are having so much fun getting to know the teachers, the school environment and developing their learning further. It has been great to see this program in action and observe the children in this more structured environment.

They have demonstrated how clever they are and how keen they are to begin their school journey. To support them further we are continuing to implement activities here at the centre that they are doing at the school to create continuity between the two environments.

Literacy skills have been a big focus currently. Many children have shown a big interest in reading and writing. The Hairy Maclary theme lasted for quite some time and during this phase lots of children took the lead on reading and writing the book themselves. I haven been very impressed with how well they have remembered

the story and the huge amount of enthusiasm that they have shown. It is wonderful as a teacher to see children interested in reading and seeing the growth of their leaning.

From here we have been exploring many different books and enjoying story time daily in many different forms, either with a book, on the smart board when we need to relax or by using materials to make up our own stories. The children enjoy choosing what stories we are going to read and through them taking the initiative to make this choice it encourages them to be more actively involved and it has been a great way to have some interesting conversations and learn about new topics. On one occasion a book was chosen about the moon. All of us including Miss Renee learnt some new facts about the phases of the moon. This linked in well with our shape learning at the time which was extended to learning all about polygons.

Rhyme has been a major focus during our reading sessions. I remember a few months back when first introducing this topic, the children were not so sure and now they have grasped the concept and doing so well! Every time we read a story now they are able to call out the rhyme which has been another wonderful moment to witness and be apart of as their teacher.

More recently we spent time reflecting on the room set up and made some decisions to make some changes within the indoor environment to better reflect the children's interests and in particular to create a more defined literacy area to enable the children more space to refine their writing skills. Many children have shown interest in wanting to write more and to engage in more challenging writing tasks, so implementing these changes and providing more resources and options to the area has been welcomed by all. So far we have seen children eager to write birthday cards, invitations and recipes.



# Kindergarten Creation!

Each week as you would already be aware Miss Renee likes to bake with the children. This continues to be a highlight of the week on a Friday afternoon so I have begun to leave the recipe in the writing area to encourage children to write out the recipe first. During the baking session itself I have been focusing on teaching the children fractions. They are learning to identify where on the measuring jug  $\frac{1}{4}$ ,  $\frac{1}{2}$  and  $\frac{3}{4}$  is and practicing filling up the container to this level with the ingredients. Through repetition and hands on learning the children are beginning to grasp this tricky maths concept.

As we now approach the end of the year graduation looms close. We have already begun to make decisions with the children about what we would like to do and now spending our afternoons practicing. The children are getting very excited to share it with you and show off their amazing abilities with you all.

Thanks for reading.... the kindy team, Miss Renee, Miss Kerri and Miss Holly



# Schoolies Scoop!



Hello to all and welcome to another month done and dusted for the year, but that just means Christmas is getting closer.....



Lego, movies, the impossible puzzle, guessing games, hang man, finder words, crafts and lots of soccer are just some of the fun things the schoolies have been getting up to over their time spent with at OSCH and through their school holidays.



I think one of the most memorable times this month for the children was the day the massive python came to visit us. On Tuesday the 25<sup>th</sup> September at around 3pm we discovered a friend (the python) going from one yard to the other and decided to use our fence to do so, the python was on the other side of the fence and to a safe distance when the teachers and children went to investigate.

The snake whisperer (catcher) luckily came to our rescue very fast and once the snake was in safe hands the children got to take photos of it, touch its scales and ask lots of questions. The snake catcher gave the children a quick lesson on safety around the snake and what to do if we were to ever find one in the wild.



Back to our fun activities, Miss Cassie had purchased some amazing new resources for the children, and the schoolies and I can happily say that after a lot of hours of testing our patience's we have managed to complete the so-called impossible puzzle completely twice now.



Each afternoon I will get a bag of carrots for the children for a munch and crunch snack, from this Liam, Kaleb and Taylor have decided that they wanted to keep the top of the carrots and try and grow them again, so after some research on the internet and looking at some photos and videos on YouTube, be have found out that you can either grow them in water or dirt, so we have decided to give it a go in some water first, they say that the carrot wont grow back as a full carrot, but the top leafy part will grow back and you can apparently eat that as well. (watch this space for our progress on the carrot tops)

As an extension from the carrots if we are successful with the growing/sprouting of them, I'm then wanting to introduce some other fruit and vegetables to the children and give them the chance to grow other ones. In hope by Christmas the schoolies will have their very own thriving vegetable garden that they can go and eat from, care for and learn the process of the saying from garden to plate.

Until our next newsletter, Miss Denise.

## Move and Groove!

We have been super busy moving and grooving last month, focusing on “bouncing” in which I encouraged the children to dribble a ball in the one spot then furthered their skills by walking while dribbling.

At first some children found this difficult, so we decided to use a balloon which made the process of bouncing easier, because it slowed down the idea on bouncing the balloon.

Once we mastered this we were on our way bouncing a ball quiet easily, which I am so very proud of everyone and their efforts.

The next module we are focusing on is everyone’s favourite “Running”. I am super excited for this skill because we get to play fun chasing games, and even some running races to keep the children motivated to run as fast as they can. I bet we are going to get nice a sweaty. Please make sure you supply your child with a drink bottle and a hat.



## Sustainability Corner!



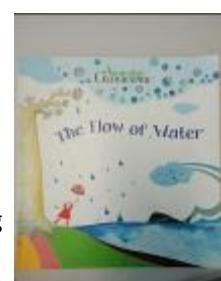
Over the last month the centre has been Focusing on the topic “Green earth” for sustainably.

Through out this time each of the rooms have been able to pick their own topic of interest and teach the children how to keep our earth greener and cleaner, for nursery they have been continuing with keeping all of their fruit scraps for the worms and compost.

Senior nursery has been looking at water consumption, and trying to reduce the amount being used when flushing the toilet and washing hands.

Toddlers have had fun in taking turns with turning lights and fans off when not needed, so focusing on energy consumption and whilst also doing their part in saving water and saving fruit scraps on a daily basis.

Junior kindy, with adding a small water tank to the mud kitchen area and involving the children in the responsibility to try and save water, making it last longer, turning the tap off and having it filled up with a small amount of water once daily. Growing own plants with using the dirt from our own compost.



Kindergarten, the class has been looking at the ocean and how our planets pollution has been and will continue to affect it and all its living things in the ocean, as a science experiment the class added some oil to some blue coloured water and reflected on how the oil effected the water, then extending on this with the effects it makes on the ocean as a whole.

# Community Support

A few families have recently asked my about my health and wellbeing journey and I owe it all to Mason and Alicia from OzFit Personal Training.

I have been training with OzFit for over a year now and the support they show to each and every one of their clients is second to none. I

If you are considering embarking on your own health and wellbeing journey, whether it be for fitness, weight loss or strength and conditioning, please consider OzFit. You will not be disappointed!

- Cassie



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